

END THE TRAUMA

UNDERSTANDING THE EFFECTS OF TRAUMA AND TRAUMATIC EVENTS TO HELP PREVENT
PROGRAM OF UNIFORMED SERVICES UNIVERSITY /URATIONS & FEDERAL -E

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THE MAGNITUDE OF DEATH AND DESTRUCTION ENDS UP INCREASES
REQUIRE SPECIAL ATTENTION TO COMMUNICATING WITH CHILDREN
AND ADOLESCENTS PHYSICAL SAFETY IS NOT THE ONLY PRIORITY
PRIORITY

SCHOOL IS AN IMPORTANT NORMALIZING EXPERIENCE FOR CHILDREN AND ADOLESCENTS IT IS OVERLY EASY TO CARE FOR THE KIND OF PSYCHOLOGICAL PROBLEMS THAT INFORMATION AND ADVICE FROM THE DISASTER WILL HAVE HOWEVER THE FOLLOWING MANAGEMENT CAN HELP MINIMIZE LATER DIFFICULTIES

OR IDENTIFY WITH THE VICTIMS OF

STUDENTS EXPERIENCE THEY ARE SAFE AND

OVERLY EASY TO CARE FOR THE KIND OF

PSYCHOLOGICAL PROBLEMS THAT INFORMATION AND ADVICE FROM THE DISASTER WILL HAVE HOWEVER THE FOLLOWING MANAGEMENT CAN HELP MINIMIZE LATER DIFFICULTIES

ENGAGE YOUR STUDENTS IN CONVERSATION

NOT NECESSARILY ABOUT THEIR

FEELINGS IN DISCUSSIONS, Imitating their feelings can help the

STUDENT EXPRESS WHAT THEY WISH AND NOT MORE THAN THEY

WISH AND NOT MORE THAN THEY

INCREASE YOUR STUDENTS' SENSE

SCHOOL, LET THEM PLAN A SPECIAL

DAY OF RESPONDING TO THE DISASTER

FOR CHILDREN AND ADOLESCENTS

(HELPING THEM UNDERSTAND THEIR

LIMITS AT SCHOOL CAN HELP

SOME CHILDREN MAY RESPOND BY

HAVING TROUBLE REMEMBERING THE

TOLERATED AND UNDERSTOOD

BE ALERT TO CHANGES IN STUDENT

DROP IN GRADES LOSS OF INTEREST

INCREASED SLEEPINESS OR DISTURBANCE

WEIGHT LOSS OR GAIN

MAINTAINING THE USUAL CLASSROOM ROUTINES CAN BE HELPFUL

COMFORTING EVEN REGULAR SCHOOL WORK CAN ALSO PROVIDE

SOME SENSE OF FAMILIARITY AND COMFORT TO SOME STUDENTS

ENCOURAGE SCHOOL FACULTY AND STAFF TO WORK TOGETHER

CLASSROOM INTERVENTIONS TO ENSURE YOUNGER STUDENTS THAT

ARE AVAILABLE TO MEET INDIVIDUALLY THE IRREGULARITIES CAUSED BY THE ADULT

DISCUSS THE EVENT IN AN OPEN AND HONEST MANNER THAT IS APPROPRIATE FOR THE STUDENT'S AGE

AND DURATION OF THE DISASTER

DOING THIS DURING THE EARLY STAGES FOLLOWING THE DISASTER

ACKNOWLEDGE QUESTIONS ABOUT THE DISASTER

TO BE REPEATEDLY EXPOSED TO TELEVISION AND OTHER SOURCES OF

INFORMATION ABOUT THE DISASTER AND ITS VICTIMS CONTINUED ON READING

END THE TRAUMA

